

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Citizenship and Financial Education	Anti-Bullying	Drugs Education	Personal Safety Death and Loss	Sex and Relationships Education	Healthy Lives Safety
Year 1	<ul style="list-style-type: none"> - classroom rules - fair and unfair - kind and unkind - playing and working cooperatively - where money comes from and what it can be spent on 	<ul style="list-style-type: none"> - communicating feelings - understanding how their actions affect others - taking responsibility for their own actions - saying sorry 	<ul style="list-style-type: none"> - how diseases are spread -rules that keep us safe -simple choices that can improve our health - that medicines can be harmful if not used properly 	<ul style="list-style-type: none"> - describing and managing feelings - who to go to if they are upset - what makes us feel uncomfortable -how we may feel about loss and change 	<ul style="list-style-type: none"> - hygiene - names of parts of the body - celebrations for births - needs of babies - loving relationships in a family 	<ul style="list-style-type: none"> - healthy lifestyles including physical activity, rest, healthy eating, dental hygiene - playing safely - sun safety - safety in the home
Year 2	<ul style="list-style-type: none"> - sharing opinions - offering feedback and support to others - respecting differences between people - ways to look after our environment - the role of money in their lives, how to keep it safe and make choices on what to spend it on 	<ul style="list-style-type: none"> - importance of telling the truth - forgiveness and reconciliation - different types of bullying - who to go to if they experience or witness bullying 	<ul style="list-style-type: none"> - responsibilities they have for their own health and the health of others - learn that medicines are drugs but not all drugs are medicines 	<ul style="list-style-type: none"> - acceptable, comfortable, unacceptable and uncomfortable physical contact - when to say “yes”, “no”, “I’ll ask” or “I’ll tell” - the difference between secrets and surprises and the importance of not keeping adults’ secrets, only surprises - church rituals that mark loss, death 	<ul style="list-style-type: none"> - growing from young to old - recognising male and female - family groups - ideal of a loving Christian marriage - their input in creating a loving family 	<ul style="list-style-type: none"> - importance of exercise and rest - simple choices to improve their health and wellbeing - road safety - fire safety

				and change		
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Year 3	<ul style="list-style-type: none"> - recognise own achievements, strengths, aspirations and goals - listen and respond respectfully to a range of people - responsibilities at school, home, community, environment - resolving differences - how to manage money 	<ul style="list-style-type: none"> - recognise and respond to a wide range of feelings - deepen understanding of forgiveness and reconciliation - consequences of aggressive and bullying behaviour on individuals and communities 	<ul style="list-style-type: none"> - focus on tobacco - substances which harm the body - choices we can make - 	<ul style="list-style-type: none"> - to judge what kind of physical contact is acceptable or unacceptable and how to respond - explore changes that loss brings to themselves and others - be aware that death leads to 'new life' with God - become aware that the church has rituals and ways of dealing with death 	<ul style="list-style-type: none"> - main stages of human life cycle from birth to death - why parents must care for their families - explore ways in which their actions can spoil loving family relationships - explore rituals celebrated in church, marking birth, marriage and death 	<ul style="list-style-type: none"> - how to make informed choices to lead a balanced lifestyle - stranger danger - dangers in the local environment
Year 4	<ul style="list-style-type: none"> - investigate the way people use God's gift of creation - conflicting responsibilities - how to manage their money and about being a 	<ul style="list-style-type: none"> - how to form and maintain positive and healthy relationships - techniques for resisting pressure to do something that they believe to be wrong 	<ul style="list-style-type: none"> - focus on alcohol - ways that harmful substances can enter the body - how to protect their body from harmful substances 	<ul style="list-style-type: none"> - when it is right to 'break a confidence' or 'share a secret' -change, including transitions, loss, separation, divorce and bereavement - strategies for dealing with 	<ul style="list-style-type: none"> - the life cycle from conception to birth -learn about themselves as a child of God and their body as God's gift to them. - continue to explore the 	<ul style="list-style-type: none"> - explore how to maintain a healthy body by a balanced diet - E-safety: strategies for keeping physically and emotionally safe online

	critical consumer			emotions and feelings that come with death and loss	sacrament of marriage as an expression of love	- risks within the home including gas and electrical safety
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Year 5	- strategies to resolve disputes and conflict - what being part of a community means, explore concept of democracy - understanding of the concepts of 'interest', 'loan', 'debt', and 'tax'	- sources of pressure to behave in certain ways - differences between people based on family, cultural, ethnic, racial and religious diversity, age, sex, and disability - recognise and challenge stereotypes and prejudice	- which commonly available drugs are legal and illegal, their effects and the associated risk (tobacco, alcohol, solvents) - awareness of the way the media influences our choices - sources of help and support	- to judge what kind of physical contact is acceptable or unacceptable and how to respond - to be able to talk about relationships and how to seek advice from significant adults - understand that grieving (death, separation, divorce) is a process	- changes in the body and in emotions during puberty - different types of relationships among friends and families and to develop skills needed to be effective in relationships	- be aware that balanced diet, exercise, hygiene and rest are necessary for maintaining a healthy body and a healthy mind - to differentiate between the terms, 'risk', 'danger' and 'hazard' - road safety - basic first aid skills
Year 6	- range of national, regional, religious and ethnic identities in the UK - recognise their worth as individuals - explore and critique how the media present	- the nature and consequences of discrimination, teasing, bullying and aggressive behaviours, including cyber bullying - effects of	- techniques to resist pressure from friends and others with regard to tobacco, alcohol and drugs - learn which commonly available substances and	- the concept of 'keeping something confidential or secret', when we should or should not agree to this - know that there are helping agencies to support	- recognise how images in the media do not always reflect reality and can affect how people feel about themselves - know the basic biology of human	- ways to achieve a healthy body through diet, exercise, hygiene and rest - responsibility to keep themselves and others safe - strategies for

	information - skills that make someone 'enterprising' - benefits of saving for future needs	stereotyping on individuals and the community, and how to minimise this.	drugs are legal and illegal, their effects and risks	families and individuals in time of loss	reproduction within the context of marriage - what is involved in bringing up children	keeping physically and emotionally safe online - how to stay safe around railway lines
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