

Exploring autumn and winter! Here are some ideas for ways you can explore outside with your families:



Windy days!

- 🍃 Catch a leaf falling from a tree!
- 🍃 Unzip your coat, hold the sides out like wings and see if the wind can push you along!
- 🍃 Find a stick and tie on ribbons or string to explore the wind.



Getting creative

- 🍃 Gather a pile of leaves and twigs. Create a picture of a creature using your materials.
- 🍃 Find some big sticks in the woods and make a shelter.
- 🍃 Collect pebbles, stones or sticks to colour with pens, paint or paint markers.



Wet days!

- 🍃 Put on those wellies and waterproofs to have a dance, sing and play in the rain.
- 🍃 Go on a puddle hunt and have a jump!
- 🍃 Get muddy!



Hunting

- 🍃 Challenge your family members to find the most amazing leaf on a walk. It might be the biggest, smallest, strangest shape or most beautiful colour- you can decide!
- 🍃 Hunt for bugs. You'll be amazed what you can find if you look under a large rock or log!
- 🍃 Have a scavenger hunt: Write a list before you go outside of the things you think you might see- fungus, orange leaf, worm etc. Cross them off