



# St Francis of Assisi Catholic Primary School

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5<sup>th</sup> November 2025

Dear Parents/Carers,

In accordance with the school's EPR programme of study 'Life to the Full', the children's learning in the Autumn term will include the following:



Year 6 - Autumn Term

## **Module 1: Created and Loved by God**

Unit 1: Religious Understanding

Story Sessions: Calming the Storm

### Learning Objectives - Children will learn that:

- We were created individually by God who cares for us and wants us to put our faith in Him.
- Physically becoming an adult is a natural phase of life.
- Lots of changes will happen during puberty and sometimes it might feel confusing, but it is all part of God's great plan – and the results will be worth it!

Over five days, children will hear and experience the Gospel story of Jesus calming the storm. The story will be repeated in various ways, and through times of discussion, imaginative reflection and creative response, children will learn that they are created by God who cares for us and wants us to put our faith in Him.

## **Module 2: Created to Love Others**

Unit 1: Religious Understanding

Session 1: Gifts and Talents

### Learning Objectives - Children will learn that:

- Similarities and differences between people arise as they grow and mature
- By living and working together ('teamwork') we create community.
- There are many different types of family set up
- Self-confidence arises from being loved by God (not status, etc.)

In the first episode of the 'Paradise Street' series, we are introduced to the four main characters and see their similarities and differences. There is friction over competition and rivalry, with the characters learning that difference - whether physical or skills based - should be celebrated as enriching to a community. One of the characters, Finn, discusses his feelings of insecurity with his Mum and she teaches him to be more deeply aware of his value and that his self-confidence should arise from being loved by God.



## **Module 2: Created to Love Others**

### Unit 1: Religious Understanding

#### Session 2: Girls' Bodies

##### Learning Objectives - Children will learn that:

- That human beings are different to other animals
- About the unique growth and development of humans, and the changes that girls will experience during puberty
- About the need to respect their bodies as a gift from God to be looked after well, and dressed appropriately
- The need for modesty and appropriate boundaries

This second episode of 'Paradise Street' starts with a lesson talking about the physical changes that boys and girls experience during puberty; to which the children respond with degrees of embarrassment and confusion. The film then focuses on the girls' perspective through the character of Leyla. Through the film, follow-up discussion, teaching and personal activity, pupils will learn about the physical changes that take place for girls through puberty.

##### Note that:

- Although menstruation is touched upon in this session, it will be explored in more detail in later modules.
- Internal genitals (vagina and uterus) are mentioned here in the context of the changes which take place during puberty.
- This session features an episode of Paradise Street and looks at the development of girls' bodies. The content is presented in a sensitive, appropriate way, yet it is still natural for there to be some embarrassment and awkwardness for pupils, as is experienced by the characters on screen.
- This session will be taught in single-sex groups.

## **Module 2: Created to Love Others**

### Unit 1: Religious Understanding

#### Session 3: Boys' Bodies

##### Learning Objectives - Children will learn that:

- That human beings are different to other animals
- About the unique growth and development of humans, and the changes that boys will experience during puberty
- About the need to respect their bodies as a gift from God to be looked after well, and dressed appropriately
- The need for modesty and appropriate boundaries

This third episode of 'Paradise Street' starts with a lesson talking about the physical changes that boys and girls experience during puberty; to which the children respond with degrees of embarrassment and confusion. The film then focuses on the boys' perspective through the characters of Marcus and Finn. Through the film, follow-up discussion, teaching and personal activity, pupils will learn about the physical changes that take place for girls through puberty.

- This session will be taught in single-sex groups.



## **Module 2: Created to Love Others**

### Unit 1: Religious Understanding

#### Session 4: Spots and Sleep

#### Learning Objectives - Children will learn that:

- How to make good choices that have an impact on their health: rest and sleep, exercise, personal hygiene, avoiding the overuse of electronic entertainment, etc.

This session discusses how children can respect their bodies as gifts from God by looking after them appropriately. They will learn that good choices regarding rest, sleep, exercise, personal hygiene and diet will have a positive impact on their health.

If you would like more information, please do not hesitate to speak to your child's class teacher.

Miss Chester

EPR Subject Leader

